

OET Case Notes

Nursing · Beginner · Discharge letter · to Community / Practice Nurse

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Nursing — Discharge after Day-Case Surgery

THE CASE NOTES

Patient: Mr Brian Kelso, 54 years old, electrician

Procedure: Day-case inguinal hernia repair under general anaesthetic; uncomplicated; discharged same day

Wound: Small groin wound, dissolvable sutures, dry dressing in place; practice nurse to check in 5 days

Pain: Mild; paracetamol and ibuprofen advised

Advice given: No heavy lifting or driving for 1 week; keep wound dry for 48 hours

Observations: Stable; tolerating diet and fluids; passed urine before discharge

Medical history: Well; no regular medication

Task: Write a discharge letter to the practice nurse outlining the wound check and follow-up advice required.

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WHAT TO INCLUDE

- + **The procedure and that recovery was uncomplicated**
The recipient needs the headline event and that there were no complications to guide the wound check.
- + **Wound status and the 5-day check**
A concrete, time-bound nursing action — the reason the letter exists.
- + **The activity and wound-care advice given**
Lets the practice nurse reinforce consistent advice at the follow-up visit.

WHAT TO LEAVE OUT

- **Anaesthetic detail**
Not relevant to community wound care; it belongs in the surgical record.
- **Occupation as a stand-alone note**
Only relevant if you tie it to the lifting restriction; otherwise leave it out.

CRITERION IN FOCUS · ORGANISATION & LAYOUT

A short discharge is the ideal place to practise clean layout: opening purpose, what happened, the wound and follow-up, then the closing request. Keep one idea per paragraph and the structure marks follow.

Write this letter, then get it marked at oetwritingcorrection.com/oet-writing-services